



Looking to reach new heights? Nutrients like protein, calcium and vitamin D in milk help you grow. Plus it tastes good. A glass of milk in the morning helps give you the energy you need for school and play. Milk tastes awesome and helps you be awesome.

Test your knowledge by reading the clues (Down and Across) and filling in your answers (remember: they have to fit!).

1		2		3		4		5		6
7			8							
			9				10			
		11				12			13	
14										
					15		16		17	
18						19			20	
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						25				

**Across**

- 1 Average number of gallons of milk per day produced by a cow
- 4 The sweet sound of this may help a cow produce more milk
- 7 Have some hay
- 8 Turn milk or cream in a machine to make butter
- 10 Leave
- 11 US farmers measure milk in \_\_\_\_
- 14 Area where cows can shelter in winter
- 16 Big smile
- 18 The A-mazing milk nutrient that helps eyes and skin

20 Tour \_\_\_\_ France

- 21 In favor of
- 22 1300-1500 lbs is the average \_\_\_\_ of a cow
- 23 50th state, abbr.
- 25 A cow's foot is called a \_\_\_\_

**Down**

- 1 Watches
- 2 Doctor who treats cows if they are sick
- 3 East coast city, abbr.
- 4 Pile
- 5 "Old Macdonald Had a Farm" is one
- 6 There are 16 \_\_\_\_s in a gallon

- 9 Large weight measurement
- 11 Along with exercise, this nutrient helps build strong muscles
- 12 This sweetener is not added to milk
- 13 Nation Dairy Month
- 15 On average, a cow drinks \_\_\_\_ gallons of water per day
- 17 3rd largest dairy producing state in the nation
- 18 Recited at a wedding
- 19 Word used to refuse permission
- 24 Provided

Answers:

<sup>1</sup> S	E	<sup>2</sup> V	E	<sup>3</sup> N		<sup>4</sup> M	U	<sup>5</sup> S	I	<sup>6</sup> C
E		E		Y		O		O		U
<sup>7</sup> E	A	T		<sup>8</sup> C	H	U	R	N		P
S			<sup>9</sup> T			N		<sup>10</sup> G	O	
		<sup>11</sup> P	O	U	N	D	<sup>12</sup> S			<sup>13</sup> J
<sup>14</sup> B	A	R	N				U			U
		O			<sup>15</sup> F		<sup>16</sup> G	R	<sup>17</sup> I	N
<sup>18</sup> V	I	T	A	M	I	<sup>19</sup> N	A		<sup>20</sup> D	E
O		E			<sup>21</sup> F	O	R		A	
<sup>22</sup> W	E	I	G	H	T				<sup>23</sup> H	<sup>24</sup> I
S		N			Y		<sup>25</sup> H	O	O	F