

# TEAM UP FOR THE WHOLE CHILD: Building Your Healthy School Community

August 7, 2019  
8:30 a.m. - 2:00 p.m.  
USA Hockey Arena  
Plymouth, MI

## AGENDA

- 8:30 - 9:00 a.m.**      **Registration & Grab and Go Breakfast**  
Check in and complete a School Wellness Survey to help focus your direction for the day.
- 9:00 - 9:30 a.m.**      **Kickoff Showcase**  
Explore how schools are launching their wellness programs from engaging all students in pep assemblies to focusing efforts on families at an Open House.
- 9:30 - 10:30 a.m.**      **Keynote Session - Why Are We Here? How Can We Team Up for the Whole Child?**  
Stephanie Willingham, Supervisor, Michigan Department of Education, Office of Health and Nutrition Services
- 10:30 - 10:45 a.m.**      **School Wellness Survey**  
Dig into your current school environment and assess the topic areas with the highest need for improvement.
- 10:45 - 11:00 a.m.**      **Break**
- 11:00 a.m. - 12:15 p.m.**      **Roundtable Facilitated Discussions**  
Choose two\* of the following:
- Better with Breakfast
  - Onboarding - Parent Edition
  - Addressing Food Security in the School Setting
  - Move it! Physical Activity Isn't Just For PE Class
  - Taking Care of Your Own - Staff Wellness
  - Team Building and Developing Student Leaders
  - Waste Less - Reducing Food Waste at Meal Times
  - Farm to School - Know Your Foods
- \*each small group will share out and resources will be available for all topics for all attendees.*
- 12:15 - 1:00 p.m.**      **Recess & Lunch**
- 1:00 - 1:30 p.m.**      **Final Actions**  
Determine first and next steps in building your custom toolkit to support the wellness initiatives to be implemented at your school. Resources will be available.
- 1:30- 2:00 p.m.**      **Virtual Dairy Farm Tour**  
Learn how farmers care for their cows so they can produce high quality milk for the dairy foods we eat and enjoy.