



The Impact of Food Insecurity and how it can be addressed in a Healthcare Setting

*Complimentary Webinar, 1 CPEU
Presented by Kait Skwir, MS, RD, Deputy Director,
Food Bank Council of Michigan*

During this session we will explore the causes and effects of hunger-related disease and how medical providers can contribute to the long-term success of a patient's food security status.

Objectives:

- *Attendees will be able to define food insecurity and list diet-related diseases.*
- *Attendees will be able to identify resources and tactics to address clients' food-related needs in a healthcare setting.*

About the Presenter



Kait Skwir is a Registered Dietitian and the Deputy Director of the Food Bank Council of Michigan. She earned her Bachelor's degree from Michigan State University and her Master's degree from Eastern Illinois University. Kait has worked for the Michigan WIC program, both at the state level and providing direct service to high-risk clients. At the Food Bank Council, Kait has managed a statewide nutrition education program and the SNAP Outreach program, and currently oversees the Council's federal advocacy work, research projects and strategic initiatives.

Visit **MilkMeansMore.org/the-impact-of-food-insecurity** to access videos and continuing education certificate.

Suggested Performance Indicators

3.3 Advocates for the customer and facilitates acquisition of services and resources.

3.3.2 Increases public awareness of the importance of nutrition and public welfare.

3.3.3 Collaborates with customers and others to support access to services.

3.3.4 Engages in active discussions with others to establish a method to best meet and serve the needs of the customer and the population.

3.3.5 Advocates for public health and wellness within the context of the organization and community.

12.1 Advocates for health and disease prevention in the community and population.

12.1.1 Promotes nutrition programs and resources to address issues of food security, nutritional health and overall health and wellness.

12.1.3 Collaborates with community partners and stakeholders in promoting nutritional health and disease prevention.

Suggested Learning Codes

- 4000** Wellness and public health
- 4020** Community program development
- 4040** Disease prevention
- 4070** Food security and hunger
- 8010** Child and Adult Food Programs

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