Kicked-Up Queso

TOTCHOS

This recipe was developed in partnership with
Kicked-Up Queso

MEAL PATTERN
CONTRIBUTION

• 2 M/MA
• 1 cup vegetables (starchy)
• ¼ cup vegetables (red/orange)

INgREDIENTS

• LAND O LAKES® Ultimate Cheddar™ Cheese Sauce pouch (80 oz.)
• Fresh jalapeno, minced (½ cup)
• Fresh red bell pepper, minced (3 tbsp.)
• Hot pepper sauce (2 tsp.)
• Ground cayenne (1 tsp.)
• Fully cooked shredded beef (2 lbs. 12 oz.)
• Cumin (½ tsp)
• Garlic powder (½ tsp)
• Prepared tater tots (35 cups)
• Fresh Pico (6 ¼ cups)

YIELD

• 35 Servings

PORTION

• 1 cup tater tots
• 1 ¼ oz. shredded beef
• 2 ¼ oz. queso
• ¼ cup pico

Nutrients Per Serving

Calories: 310 kcal Carbs: 29 g Sat Fat: 6 g
Protein: 13.5 g Total Fat: 14.5 g Cholesterol: 42 mg
Vitamin A: 532 IU Vitamin C: 7 mg
Iron: 1.28 mg Calcium: 230 mg
Sodium: 840 mg Dietary Fibers: 3 g

PREPARATION

1. Combine cheese sauce, jalapeno, red bell pepper, hot sauce, cayenne in half steam table pan. Cover.
2. Heat on full steam until product reaches 165 °F for 15 seconds. (CCP)
3. Season prepared shredded beef with cumin and garlic powder, place in half steam table pan.
4. Heat on full steam until product reaches 165 °F for 15 seconds. Hold warm. (CCP)
5. To serve, place 1 cup tater tots in bowl. Top with 1 ¼ oz. shredded beef, 2 ¼ oz. queso, and ¼ cup pico.