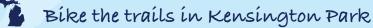
Get Fit in the Mitt



Climb to the top of Boyne Mountain

Paddle a kayak on the Manistee River

Do a touchdown dance at Ford Field, home of the Detroit Lions

Go for a swim in Houghton Lake

March like a soldier from Camp Grayling to Fort Custer

Do yoga along the beaches of Holland

Hike to the top of the Lighthouse Tower at Presque Isle

Hit a homerun and run the bases at Cooley Law School Stadium like the Lansing Lugnuts

Trek the trails on Mackinac Island

Act like a monkey or elephant in the Binder Zoo

Run down the sand at Sleeping Bear Dunes

Cross-country ski along the beautiful shores of Lake Superior in Marquette

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